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# PREPARING FOR A SCHOOL INTERVIEW

When children are preparing for an interview for a new school, it can be nerve wracking for them and us. This activity helps them to consider all of their strengths, and prepares them for things that they might be asked. It can be used at home or school. Use it in conjunction with our 'Top 10 Interview Practice Tips'.



**TOOLED UP**<sup>®</sup>

BECAUSE EVIDENCE MATTERS

# PREPARING FOR A SCHOOL INTERVIEW



When you have a 'getting to know each other' chat with an adult from a new school, it is always good to think about some of your interests and achievements in advance. This will give you some great ideas for things to talk about, help the teacher learn more about you, and can help if you don't feel quite sure about what to say. Let's have a think! It might help to discuss these questions with a friend, family member, or teacher at school.

What do I like most about my current school?

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TIP

If the teacher asks you a question that you don't understand, just ask what they mean! They won't mind.

My favourite subjects are...



I enjoy them because...

1.....

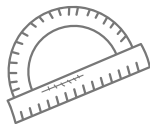
2.....

3.....

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My three greatest strengths (according to me):

1.....

2.....

3.....



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Amazing things that I have achieved at school (related to schoolwork):


- 1 .....
- 2 .....
- 3 .....




Three times that I have shown I can be a really kind and thoughtful friend:

- 1 .....
- 2 .....
- 3 .....

A time that I worked as part of a team and really enjoyed it



*(This could be a sport team, a charity team, a neighbourhood initiative, etc):*



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But if I had a favourite hobby, it would be:

Why?

Hobbies that I really, really enjoy:

- 1 .....
- 2 .....
- 3 .....

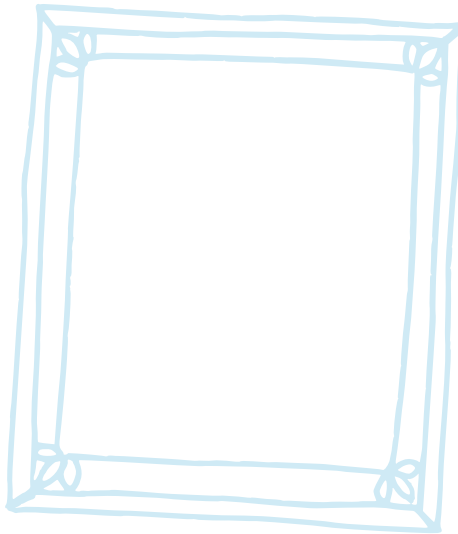
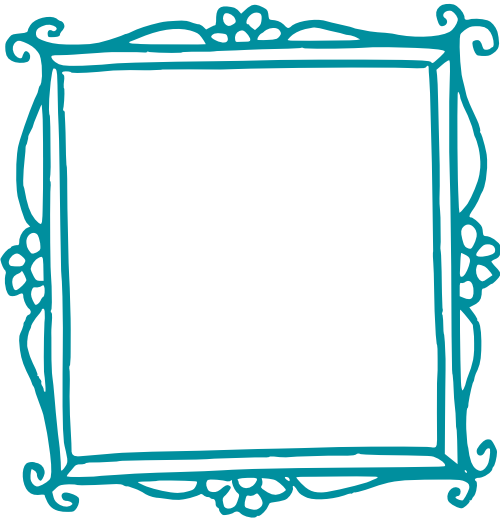


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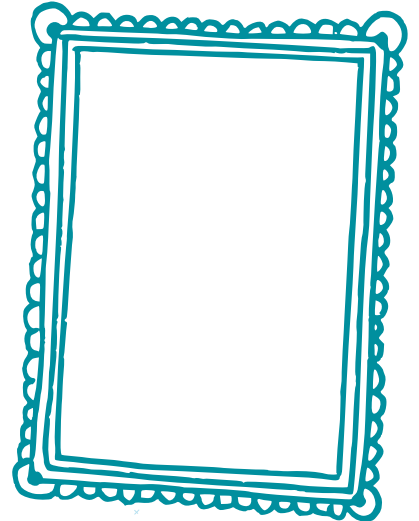
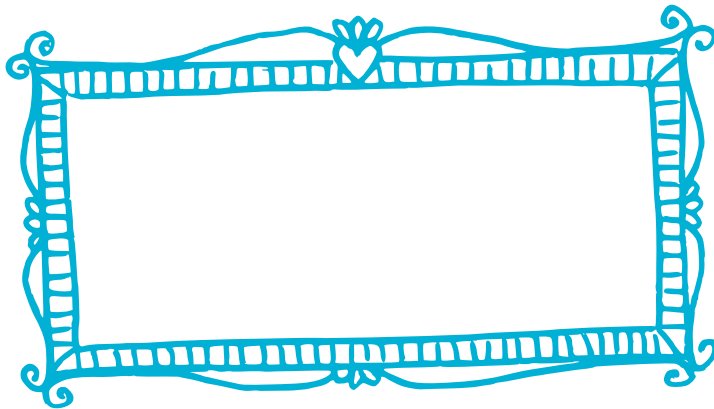
# PREPARING FOR A SCHOOL INTERVIEW

If I had two hours of free time, I would...



## TIP

You could always print out some photos, or draw pictures of you doing your favourite things, to remind you!



## TIP

You don't need to get everything 'right'. If you feel unsure about something, you can always say, "I am not sure about this, but maybe.."

Instruments that I play:

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.....



A book I have really enjoyed reading...

.....  
.....  
.....

The best thing about it was...

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If I was Prime Minister for the day, I would...

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Something that I am not very good at but enjoy doing anyway...



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A time I've been a bit nervous but I still did it!



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Three goals that I have set for myself and that I aim to achieve are:

- 1
- 2
- 3



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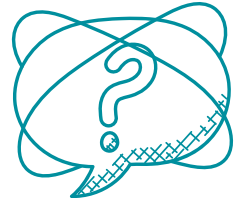
## THE NEW SCHOOL



### TIP

It's always good to smile, look the person you are talking to in the eye, listen carefully to what they (and anyone else) says, and talk politely. Don't forget to thank them when you say goodbye!

It's a great idea to have some questions about the school you are visiting. What things would you really, really like to know?...



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# PREPARING FOR A SCHOOL INTERVIEW



What are you excited about at this school?

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Is there anything that makes you feel a bit wobbly?

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Visiting a new school and chatting to teachers might feel nerve wracking. You might feel butterflies in your tummy, get sweaty hands, or even need to go to the toilet a lot. This is really normal! If you do feel a bit nervous, it's a really good idea to have some strategies that you know will help. It could be listening to something funny on the car journey, playing a song you love, breathing deeply, or squeezing something squishy whilst you are waiting. What works for you? Try some things out and see...

Breathe deeply

Squeeze something squishy

Smell something nice

Scribble

Be grateful for something

Enjoy your trip (or trips) to get to know another school. Well done for thinking of some things to say and considering things you might want to ask. Have fun!

